

Greencastle SAC (717) 597-2020
April 2025

Activity Classes are **RED**
Exercise classes are **BLUE**
Health & Wellness are **PURPLE**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|--|
| | 1 9:30-3p: Pinochle 12:30-4p: Card Club 500 1-2p BINGOCIZE Nutrition Workshop (Must sign up- See attached flyer) | 2 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) 12:30-3p Knitting Crew . | 3 9a Ceramics – Ball jar flower project (Must sign up-donation of \$5) 10:30-11:30a-Group Study (Herm F) No Ladies Tea & Talk Today Center closes at 2pm for staff meeting | 4 11a Town Hall Meeting |
| 7 11a-Bookmobile at center 1-2p BINGOCIZE Nutrition Workshop (Must sign up- See attached flyer) 2-4p Basic to Advanced Art Class | 8 9:30-3p: Pinochle 12:30-4p: Card Club 500 1-2p BINGOCIZE Nutrition Workshop (Must sign up- See attached flyer) | 9 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) 12:45-3p: Movie & Popcorn Barn Red (2003) A farmer refuses to sell his family farm to a developer. Ernest Borgnine | 10 10:30-11:30a-Group Study (Dave M) 1:30-3p-Ladies Tea & Talk | 11 12:30p- Easter Card Craft for the Homebound |
| 14 1-2p BINGOCIZE Nutrition Workshop (Must sign up- See attached flyer) Last Session 2-4p Basic to Advanced Art Class- Lee Scott will be doing a presentation about Abstract Art | 15 9:30-3p: Pinochle 11a- Health & Wellness with Keystone Health – Emergency Planning 12:30-4p: Card Club 500 | 16 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) 12:30-3p Knitting Crew . | 17 Closed today to show appreciation to all our volunteers at the annual Volunteer Banquet | 18 Closed today for Good Friday |

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| 21 2-4p Basic to Advanced Art Class | 22 9:30-3p: Pinochle 12:30-4p: Card Club 500 | 23 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) 12:45-3p: Movie & Popcorn <u>Because of Winn-Dixie (2005)</u> Heart-warming "tail" of a girl and her dog | 24 10:30-11:30a-Group Study (Steve & Jan T) 1:30-3p-Ladies Tea & Talk | 25 10a-Inspiration Station – Mosaic Cross (Must sign up- Cost \$3) Celebrate birthdays at lunch |
| 28 2-4p Basic to Advanced Art Class | 29 9:30-3p: Pinochle 12:30-4p: Card Club 500 | 30 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) | | |

Exercise Schedule:

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|
| 10a-Strong Seniors Exercise Group—Beginner Level 10:45a-Energize Exercise—Low Level | 9:30a-Simply Seated Exercise—Moderate Level 10:15a-Walk Fit Exercise Group-Advanced Level | 10a-Strong Seniors Exercise Group—Beginner Level | 9:30a-Chair Yoga—Beginner Level 1p-Tai Chi—Low Impact | 9:30a-Simply Seated Exercise—Moderate Level 10:15a-Walk Fit Exercise Group—Advanced Level |

Second Saturday –Apr 12th 10a-2p

The center will be open for all regular activities

10:30am Preparing Together-Are you Ready PA? See Flyer

12:00pm Lunch- Turkey Stuffing Casserole, Dessert and a drink (Donations appreciated)

1:00pm – Greencastle Hose Company – Presentation on Home Safety (SUBJECT TO CHANGE)