

Chambersburg Senior Activity Center (717) 264-8191

May 2025

Please call 24 hours in advance for meals

Activity Classes are **RED**

Exercise classes are **BLUE**
Health & Wellness are **PURPLE**

Activities Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 12:30pm Pinochle 12:30pm 500 Card Club	2 9am Fit & Feisty Exercise 10:30am Flowerpot Painting
5 9am Fit & Feisty Exercise 10:30am Flower Planting 1:30pm Chair Yoga Bingo	6 10:30am Keystone Health 12:30pm Pinochle	7 9am Fit & Feisty Exercise 10am Ceramics Class Must Sign Up 12:30pm Hand & Foot 12:30pm Mah Jong	8 Craft Day 12:30pm Pinochle 12:30pm 500 Card Club	9 9am Fit & Feisty Exercise 10am BINGO
12 9am Fit & Feisty Exercise 10:30am Indoor Scavenger Hunt 1:30pm Chair Yoga Bingo	13 11am Blood Pressure checks by Judy 12:30pm Pinochle	14 9am Fit & Feisty Exercise 10:30am Emergency Card Making 12:30pm Hand & Foot 12:30pm Mah Jong	15 10:30am Study Group w/ Barbara 12:30pm Pinochle 12:30pm 500 Card Club	16 9am Fit & Feisty Exercise 10:30am Karaoke/Sing-along

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<p>19</p> <p>9am Fit & Feisty Exercise</p> <p>10am BINGO</p> <p>1:30pm Chair Yoga Bingo</p> <p>May Birthday Celebration</p>	<p>20</p> <p>Craft Day</p> <p>12:30pm Pinochle</p>	<p>21</p> <p>9am Fit & Feisty Exercise</p> <p>12:30pm Hand & Foot</p> <p>12:30pm Mah Jong</p>	<p>22</p> <p>9am Movie Day</p> <p>12:30pm Pinochle</p> <p>12:30pm 500 Card Club</p>	<p>23</p> <p>9am Fit & Feisty Exercise</p> <p>10:30am Balls in a Box Game</p>
<p>26</p> <p>SENIOR CENTER CLOSED for Memorial Day</p>	<p>27</p> <p>10:30am Name that Tune</p> <p>12:30pm Pinochle</p>	<p>28</p> <p>9am Fit & Feisty Exercise</p> <p>10:30am Human Bingo</p> <p>12:30pm Hand & Foot</p> <p>12:30pm Mah Jong</p>	<p>29</p> <p>10:30am Study Group w/ Barbara</p> <p>12:30pm Pinochle</p> <p>12:30pm 500 Card Club</p>	<p>30</p> <p>9am Fit & Feisty Exercise</p> <p>10am to 2pm Older Americans Month picnic at Mont Alto</p> <p>Senior Center closed for Older American's Month Event</p>