

**Waynesboro Senior Activity Center (717) 762-2758**  
**May 2025**

**Please call 24 hours in advance for meals**

Activity Classes are **RED**

Exercise classes are **BLUE**  
 Health & Wellness are **PURPLE**

**Activities Subject to Change**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 10:30am Keystone Health  1:00pm Pottery	2  9:15am Pinochle 1:00pm Chair Yoga
5 9:30am Paint Class	6 10:30am Group Study  1:00pm Yellow Bingo	7 10:30am Craft: Q-Tip Flower Painting  1:00pm Stronger Seniors	8  1:00pm Anything Goes Bingo	9 9:15am Pinochle 10:30am Drug & Alcohol Prevention Presentation 1:00pm Chair Yoga
12 11:00am Games with Mary 1:00pm Movie & Popcorn	13 10:30am Group Study  1:00pm Cleaning Bingo	14 10:30am Candy Dice Game  1:00pm Stronger Seniors	15 10:30am Junk Journal Class 1:00pm Anything Goes Bingo	16 9:15am Pinochle 1:00pm Chair Yoga
19  10:30am Craft: Pressed Flower Suncatcher	20 10:30am Group Study  1:00pm Red, White & Blue Bingo	21 10:30am Roll A Garden Game 1:00pm Stronger Seniors	22 9:15am Pinochle 10am-12pm Blood Pressure Checks 1:00pm Anything Goes Bingo	23 10:00am Hooks & Needles-Crochet  1:00pm Chair Yoga
26 <b>CLOSED-HAPPY MEMORIAL DAY</b>	27 10:30am Group Study  1:00pm Snack Bingo	28 12:30pm Stampin Up Class (must sign up) 1:00pm Stronger Seniors	29 10:30am Coffee Filter Hydrangea Craft 1:00pm Anything Goes Bingo	30 <b>Center Closed-Older Americans' Month Off-site Event</b>