

**Chambersburg Senior Activity Center (717) 264-8191**  
**June 2025**

**Please call 24 hours in advance for meals**

Activity Classes are **RED**

Exercise classes are **BLUE**  
 Health & Wellness are **PURPLE**

**Activities Subject to Change**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>9am Fit &amp; Feisty Exercise</p> <p>9:30am Paint Class Must Sign Up</p>	<p>3</p> <p>12:30pm Pinochle</p>	<p>4</p> <p>9am Fit &amp; Feisty Exercise</p> <p>10am Ceramics Class: Throwing on the Wheel Must Sign Up</p> <p>12:30pm Hand &amp; Foot 12:30pm Mah Jong</p>	<p>5</p> <p>10:30am Master Gardener Herb Presentation</p> <p>12:30pm Pinochle 12:30pm 500 Card Club</p>	<p>6</p> <p>9am Fit &amp; Feisty Exercise</p> <p>10am Picnic BINGO. Bring a picnic item as a prize donation</p> <p>Hatching quail chicks: starting the incubator</p>
<p>9</p> <p>9am Fit &amp; Feisty Exercise</p> <p>9:30am Paint Class Must Sign Up</p> <p>Hatching quail chicks: adding the quail eggs to the incubator.</p>	<p>10</p> <p>10:30am Study Group 12:30pm Pinochle</p>	<p>11</p> <p>9am Fit &amp; Feisty Exercise</p> <p>10:30am F&amp;M Trust Bank Alyssa Proctor</p> <p>12:30pm Hand &amp; Foot 12:30pm Mah Jong</p>	<p>12</p> <p>Nursing students visiting with activities planned: nail care, bp checks, games, painting and planting flowers. Bingo in the afternoon.</p> <p>12:30pm Pinochle 12:30pm 500 Card Club</p>	<p>13</p> <p>9am Fit &amp; Feisty Exercise</p> <p>Craft Day</p> <p>Dad Joke Wall: write down your best "dad joke" and pin it to our Father's Day board</p> <p>Root beer floats for Father's Day</p>

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16 9am Fit & Feisty Exercise  Hatching quail chicks: day 7	17 10am Snack BINGO. Bring a snack item as a prize donation  12:30pm Pinochle	18 9am Fit & Feisty Exercise  10:30am Pictionary/ Charades 12:30pm Hand & Foot 12:30pm Mah Jong	19 9am Movie Day  12:30pm Pinochle 12:30pm 500 Card Club	20 9am Fit & Feisty Exercise  Craft Day  First day of Summer
23 9am Fit & Feisty Exercise  10am Garden BINGO. Bring a garden themed item as a prize donation	24 10:30am Study Group  Hatching quail chicks: day 15, candle eggs and place into lockdown.  12:30pm Pinochle	25 9am Fit & Feisty Exercise  Craft Day  12:30pm Hand & Foot 12:30pm Mah Jong	26 10:30am Keystone Health "Sun Safety"  12:30pm Pinochle 12:30pm 500 Card Club	27 9am Fit & Feisty Exercise  10:30am Jason Goetz: mosquito and tick presentation (tentative)  Hatching quail chicks: day 18, anticipated hatch day!
30 9am Fit & Feisty Exercise  10:30am Bean Bag Game  June Birthday Celebration				