## St. Thomas Senior Activity Center (717) 369-2520 June 2025

Activity Classes are RED
Exercise classes are BLUE
Health & Wellness are PURPLE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	Closed	3 Stronger Seniors DVD led exercise 10:00  Bee Wreath Craft: Part 1 1:00	4 Armchair Travel Video: Patagonia 11:00	5 Bee Wreath Craft: Part 2 1:00	6 National Donut Day Bring a bag of mini donuts to share!
9	Closed	10 Book Discussion 11:00 National Iced Tea Day	11 Mind Matters Video: Supermarket Marketing: Don't Be Fooled 11:00	12 Card Games 10:00- 11:30 Early Lunch 11:30 Center closes at 1:30 for staff training	13 Stronger Seniors DVD led exercise 10:00  Center closes at 2:00
16	Closed	17  11:30 Early Lunch Paint Class immediately after National Eat Your Veggies Day!	18 Popcorn and Movie Day "The Parent Trap:II" 10:00	19 Keystone Health 11:00 "Sun Safety and Staying Hydrated"	Stronger Seniors DVD led exercise 10:00
23	Closed	24 Stronger Seniors DVD led exercise 10:00  Pottery Class 11:00-sign up required	Summer picnic at the center-bring a lawn chair and sign-up SCAM JAM @Kauffman Ruritan for those attending 10:00 Farmer's Market Produce Vouchers 12:30-2:30	Special Music 10:45-11:45 Bookmobile Day 10:00- 10:50	June birthday celebration with lunch

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30 Closed		

- Activities are subject to change
- Paint class, pottery class, craft-making classes, etc. require pre-registration due to limited seating
- Always available are the consumer computer, exercise equipment, lending library, card games, and puzzles