

Waynesboro Senior Activity Center

July 2025

Please call 24 hours in advance for meals

Activity Classes are **RED**

Exercise classes are **BLUE**
Health & Wellness are **PURPLE**

Activities Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 10:30am Group Study 1:00pm Red, White & Blue Bingo	2 10:30am Craft: Handprint Patriotic Gnome 1:00pm Stronger Seniors with Music	3 10:30am Snow Cones 1:00pm Pottery Class	4 Closed-Independence Day
7 10:30am Firework Salt Painting	8 10:30am Group Study 1:00pm Snack Bingo	9 1:00pm Stronger Seniors with Music	10 1:00pm Anything Goes Bingo	11 11:00pm Chair Yoga Center Closing at 2pm
14 Camping Week 11:00am Games with Mary	15 10:30am Group Study 1:00pm Anything Goes Bingo	16 10:30am Marshmallow Toss Game 1:00pm Stronger Seniors with Music	17 9:30am S'mores Trail Mix Activity 1:00pm Anything Goes Bingo Center closing at 2p for team meeting	18 11:00pm Chair Yoga Center Closing at 3:30pm
21 10:30am Candy Dice Game	22 10:30am Group Study 1:00pm Gardening Bingo	23 1:00pm Stronger Seniors with Music	24 10:30am-12:00pm Blood Pressure Checks 1:00pm Anything Goes Bingo	25 10:00am Hooks & Needles-Crochet July Birthday Celebrations Center Closing at 2:30pm

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28 11:00am Games with Mary	29 10:30am Group Study 1:00pm Chocolate Bingo	30 1:00pm Stronger Seniors with Music	31 Anything Goes Bingo	
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