Franklin

August

Monday	Tuesday	Wednesday	Thursday	Friday
Nutrition Group	Happy	*menu subject to change		1 1c Chili 1/2oz Cheddar Cheese 1c Tossed Salad w/ Tomato Cornbread 1/2c applesauce
4 Stuffed Pepper w/ Tomato Sauce	Dasta & Moathalls (4)	6 3oz Pork Loin	7 Taco Salad	8 Baked Fish
1/2c Garlic Whipped Potatoes	Pasta & Meatballs (4) 1/2c Pasta w/ Marinara	w/ 2oz Creamy Mushroom Sauce	(3oz Taco Meat, .5oz Cheddar,	1/2c Macaroni & Cheese
1/2c Carrots	1c Tossed Salad w/ Tomato	1/2c Brown Rice	Lettuce, Tomato, Salsa)	1/2c Stewed Tomatoes
1 White Bread	1 Italian Bread	1/2c Broccoli	Tortilla Chips	1 Wheat Bread
1/2c Pudding	1/2c Mixed Fruit Salad	Dinner Roll	1c Tortilla Soup	Seasonal Fresh Fruit
		1/2c Blushed Fruit	1/2c Pineapple	
11	12	13	14	15
BBQ Pork Ribette	3oz Roast Beef w/ 2oz Gravy	Stadium Hot Dog	Chicken, Spinach & Cranberry	4oz Chicken Salad Sandwich
1/2c Buttered Pasta	1/2c Mashed Potatoes	1/2c Cheesy Potatoes	Salad w/ Dressing	1c Cream of Potato Soup
1/2c Brussel Sprouts	1/2c Carrots	1/2c Peas	1c. Mixed Greens & Spinach	1/2c Pickled Beets
1 Sandwich Roll	1 Italian Bread	1 Hot Dog Roll	1/2c Broccoli Salad	Hamburger Bun
1/2c Pineapple Delight	1/2c Peach Crisp	1/2c Pineapple & Mandarin Oranges	1 Breadstick 1 Piece Cake	Fresh Fruit
18	19	20	21	22
Korean Meatballs (4)	Chicken Philly Cheesesteak	Shrimp Scampi (3oz Shrimp)	Swiss Steak w/ Onion Gravy	Sliced Ham
1/2c White Rice	1c Cream of Spinach Soup	1/2c Creamy Pasta	1/2c Cabbage & Noodles	1/2c Tri Color Sweet Potatoes
1/2c Oriental Vegetables	1/2c Coleslaw	1/2c Lemon Pepper Broccoli	1/2c Green Beans	1/2c Peas
1 Wheat Bread	1 Hoagie Roll	1 Breadstick	Wheat Bread	1 Dinner Roll
1/2c Fresh Melon	Fresh Fruit NEW ITEM	1/2c Pudding	1/2c Pineapple Delight	1 Cookie
25	26	27	28	29
3oz Pot Roast w/ 2oz Gravy	Grilled Chicken Salad	1c Cabbage Roll Casserole	Western Omelet	BBQ Chicken Breast
1/2c Mashed Potatoes	(2oz Chicken, Cheddar,	1/2c Garlic Whipped Potatoes	w/ Peppers, Onions, Cheese	1/2c Country Collard Greens
1/2c Mixed Vegetables	over 1c Mixed Greens)	1/2c Carrots	1 Sausage Patty	1/2c Baked Beans
Wheat Bread	1c Cream of Broccoli Soup	1 Dinner Roll	1/2c Breakfast Potatoes	1 Dinner Roll
1/2c Fruit Mix	1 Dinner Roll 1/2c Fruited Gelatin	Seasonal Fresh Fruit	1 English Muffin w/ Jelly 4oz Apple Juice	Seasonal Fresh Fruit