## Path Valley Senior Center (717) 349-7227 August 2025

Activity Classes are RED
Exercise classes are BLUE
Health & Wellness are PURPLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 10-Minute Morning Yoga
				Video 10:20
				Bingo
				11:00am
4	5	6	7	8
Healthy Steps for	Group Study with Pastor		Mind Matter	10-Minute Morning Yoga
Older Adults	John	Closed	Honeybees Video	Video 10:20
Workshop	11:00am		11:00	Movie & Popcorn
10am-12pm	Center Closes at 3:00pm		With Bee Trivia	10:30
44	Home Deliveries	40	4.4	45
11	12 Croup Study with Doctor	13	14	15
Healthy Steps for Older Adults	Group Study with Pastor Darwin	Closed	Keystone Health 11:00am	10-Minute Morning Yoga Video 10:20
Workshop	11:00am	Cioseu	RSV	My plate Literature
10am-12pm	TT.OOdill		Vaccine information	11:00am
Tourn 12pm			vaccine information	11.00411
18	19	20	21	22
10-Minute Morning Yoga	Group Study with Pastor		Self- Blood Pressure	10-Minute Morning Yoga
Video 10:20	John	Closed	Checks	Video 10:20
Highway Safety	11:00am			Aviation Week
With Matt	Center Closes at 3:00pm		Art Day	Where is Amelia Earhart
10:30am	Home Deliveries		10:30	Video
				11:00
25	26	27	28	29
Question and Answers	Constant Charles with Donton	Olo a a d	Classed	10-Minute Morning Yoga
with Capital Blue Cross &	Group Study with Pastor John	Closed	Closed	Video 10:20
Bingo	11:00am			Ashley Franklin Hospice
10:30	11.00am			11:00am
10.00				11.000111