

Waynesboro Senior Activity Center (717) 762-2758

August 2025

Please call 24 hours in advance for meals

Activity Classes are **RED**

Exercise classes are **BLUE**
Health & Wellness are **PURPLE**

Activities Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 CLOSE AT 2p 1:00pm Chair Yoga
4 CLOSE AT 1p MOVIE CANCELLED	5 10:30am Group Study 1:00pm Yellow Bingo	6 CLOSE AT 2p 10:30am Beach Ball Get to Know You Game 1:00pm Stronger Seniors	7 CLOSE AT 2p 10:30am Keystone Health-RSV/Vaccines 1:00pm Pottery	8 CLOSE AT 2p 1:00pm Chair Yoga
11 CLOSE AT 2p 11:00am Games with Mary	12 CLOSE AT 2p 10:00am Craft: Handprint Sunflowers 10:30am Group Study 1:00pm Breakfast Bingo	13 CLOSE AT 2p 10:30am Candy Dice Game 1:00pm Stronger Seniors	14 CLOSE AT 2p 1:00pm Anything Goes Bingo	15 CLOSE AT 2p 1:00pm Chair Yoga
18 10:00am Ice Cream Sundae Party	19 10:30am Group Study 1:00pm Snack Bingo	20 CLOSE AT 2p 12:30 pm Cactus Craft 1:00pm Stronger Seniors	21 CLOSE AT 2p 10:30am Junk Journal Class 1:00pm Anything Goes Bingo	22 CLOSE AT 1p 10:00am Hooks & Needles-Crochet CHAIR YOGA CANCELLED
25 11:00am Games with Mary	26 10:30am Group Study 1:00pm Sweets Bingo	27 CLOSE AT 2p 12:30pm Stampin Up Class (Must Sign Up) 1:00pm Stronger Seniors	28 CLOSE AT 2p 10:30am-12pm Blood Pressure Checks 1:00pm Anything Goes Bingo	29 CLOSE AT 2p August Birthdays 1:00pm Chair Yoga