


# September

Franklin

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Happy Labor Day!</b> 1 	2 3oz Chicken Cutlet w/ Gravy 1/2c Whipped Potatoes 1/2c Carrots 1 Dinner Roll 1/2c Pineapple Tidbits	3 4oz Sloppy Joe 1/2c Hashbrown cubes 1/2c Cauliflower 1 Hamburger Bun Oatmeal Cream Pie	4 Baked Crab Cake 1c Tomato Basil Soup 1/2c California Blend Vegetables 1 Wheat Bread Fresh Fruit	5 Vegetable Lasagna 1c Tossed Salad 1/2c Green Beans 1 Dinner Roll 1 Cookie
8 3oz Salisbury Steak w/ 2oz Gravy Baked Potato w/ Margarine 1/2c Broccoli 1 Wheat Bread 1/2c Gelatin	9 Roast Beef Sandwich (3oz Roast Beef) w/ 1 slice Mozzarella Cheese) 1c Cream of Cauliflower Soup 1 Hamburger Bun Fresh Fruit	10 Stadium hot dog 1/2c cheesy potatoes 1/2c green beans 1/2c Applesauce 	11 3oz Open Faced Turkey Sandwich w/ 2oz Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie	12 Cheeseburger 1/2c BBQ Baked Beans 1 Hamburger Bun 1c Tossed Salad w/ Tomato Fresh fruit
15 Sweet & Sour Pork 1/2c Brown Rice 1/2c Broccoli & Cauliflower Blend 1 Wheat Bread Fresh Fruit	16 Turkey Chef Salad (2oz Turkey, Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Dinner Roll 1/2c Gelatin	17 Swedish Meatballs (4) 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll Fresh Fruit 	18 3oz Sausage Gravy 1 Biscuit 1 Egg Bite 1/2c Diced Potatoes 4oz Orange Juice 	19 1c Chili 1/2oz Cheddar Cheese 1c Tossed Salad w/ Tomato Cornbread Applesauce cake w/topping
22 3oz Pork Loin w/ 2oz Creamy Mushroom Sauce 1/2c Brown Rice 1/2c Broccoli Dinner Roll Fresh Fruit	23 Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Italian Bread 1/2c Mixed Fruit Salad	24 1c stuffed pepper casserole 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 White Bread 1/2c Pudding	25 Baked Fish 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes 1 Wheat Bread 1/2c pineapple	26 Taco Salad (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1c Tortilla Soup Fresh Fruit
29 3oz Roast Beef w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Peach Crisp	30 4oz Chicken Salad Sandwich 1c Cream of Potato Soup 1/2c Pickled Beets Hamburger Bun Fresh Fruit	