

Upper Strasburg (717) 530-1186
September 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 All centers closed for Labor Day	2 12:00 Brain Game: Riddles	3 1:00 Game Day: What's in the box?	4 11:00 News & Views 1:00 Bingo	5 11:00 Fitness Fun 1:00 Painting
8 11:00 Fitness Fun Center hours 9:00-1:00	9 1:00 Craft Corner: Beaded Pumpkins	10 1:00 Kitchen Creations: Mini Pies Center closes at 3:20 for Home Delivered Meals	11 11:00 News & Views- Mind Matters Video: Scams	12 11:00 Fitness Fun 1:00 Uno with Majessa
15 Lunch will be at 11:00 10:00 Fitness Fun Center closes at 12:00 for staff training	16 1:00 Ashley Miller from Franklin Hospice	17 1:00 Birthday Bash/Senior Center Celebration	18 11:00 News & Views 1:00 Teatime Center closes at 2:00	19 11:00 Fitness Fun 1:00 Card Making Class with Muriel
22 11:00 Fitness Fun 1:00 Meet & Greet with Jason from Altira Health	23 1:00 Keystone- RSV/Vaccines	24 10:30 Group Study 1:00 Drawing Video: Garfield Center closes at 3:20 for Home Delivered Meals	25 11:00 News & Views- Falls Prevention Power Point 1:00 Doug Harmon- Stop the Scammers	26 11:00 Fitness Fun- Chair Yoga 1:00 Scarecrow craft with Majessa

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<p>29</p> <p>11:00 Fitness Fun</p> <p>12:30 Flu Shots</p>	<p>30</p> <p>Center closes at 1:30</p>			
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