

Operation Rucks to Reins

Equine Assisted Therapy for Franklin County Veterans







Why Horses?

Equine Assisted Therapy offers powerful healing for a wide range of disabilities. Working with horses helps veterans build physical strength, emotional resilience, and meaningful connections in a calm outdoor setting.

A Local Partnership

Franklin County Veterans Affairs has teamed up with the [Franklin County Therapeutic Riding Center](#) to provide this unique opportunity to our local veterans.

Therapy Benefits


- **Emotional Regulation**
 Builds self-confidence, encourages responsibility, and supports emotional control.
- **Physical Wellness**
 Enhances motor skills, coordination, strength, and balance through 3D movement with the horse.
- **Healing Environment**
 Non-threatening, open-air setting with a calming presence that promotes mindfulness.
- **Building Relationships**
 Fosters empathy, communication, and social skills through horse-human interaction.

Therapy and Beyond

Participants are encouraged to continue their journey by volunteering at the center, supporting their own growth while helping others experience the benefits of Equine Therapy.

How to Apply

Applications are available:

-  At the Franklin County Veterans Affairs Office: [425 Franklin Farm Lane, Chambersburg](#)
-  On our website: www.franklincountypa.gov/veterans-affairs-outreach-efforts
-  By request: **717-263-4326**

Once your initial application is received, you'll be provided with additional forms for **4H-sponsored activities**. Completed applications will be forwarded to the **Franklin County Therapeutic Riding Center** for scheduling.