

St. Thomas Senior Activity Center (717) 369-2520
July 2026

Activity Classes are **RED**
 Exercise classes are **BLUE**
 Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29 Closed	30 Exercise Class led by DVD 10:00	1 Card Games	2 Closed For Staff Training	3 Closed
6 Closed	7 Exercise Class led by DVD 10:00	8 Card Games	9 Gina PA Health & Wellness Bingo 11:00	10 Closed
13 Closed	14 Exercise Class led by DVD 10:00	15 Card Games	16 BIRTHDAY Celebration After lunch	17 Closed
20 Closed	21 Paint Class with Elaine begins at 10:00 \$3.00 per person	22 Card Games	23 Special Music Day 10:45-11:45 Bookmobile 10:00-10:50	24 Closed
27	28 Exercise Class led by DVD 10:00	29 Card Games	30 Exercise Class led by DVD 10:00	31

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- Activities are subject to change
- Paint class, pottery class, craft making, and card making require pre-registration and classes are limited to 15 people