## Chambersburg Senior Activity Center (717) 264-8191 November 2025 Please call 24 hours in advance for meals Inclement Weather Hotline: 717-660-2678

Exercise classes are BLUE Health & Wellness are PURPLE

## **Activities Subject to Change**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 9am Fit & Feisty Exercise 10:30am Stamping Christmas Cards w/ Jody Brechbill Must Sign Up 1:30pm Chair Yoga Bingo	4 10am BINGO Bring candy as a prize donation 12:30pm Pinochle  National Candy Day	9am Fit & Feisty Exercise 10am Ceramics Class Must Sign Up  12:30pm Mah Jong 12:30pm Hand & Foot	6 Craft Day: Finish up ornaments for the Capitol Tree  12:30pm Pinochle 12:30pm 500 Card Club	7 9am Fit & Feisty Exercise
10 9am Fit & Feisty Exercise  1:30pm Chair Yoga Bingo 11am BP checks by Judy	11 Senior Center Closed for Veteran's Day  Thank you to our veterans!	9am Fit & Feisty Exercise  10:30am Chambers Apothecary: Bone Health 12:30pm Mah Jong 12:30pm Hand & Foot	13 10:30am Study Group 12:30pm Pinochle 12:30pm 500 Card Club	9am Fit & Feisty Exercise  10am BINGO w/ Tina McCullough

## **Activity Classes are RED**

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17	18	19	20	21
9am Fit & Feisty	Craft Day	9am Fit & Feisty	Door Prizes	9am Fit & Feisty
Exercise		Exercise		Exercise
			Turkey Games	
10:30am Trivia w/ Jason	12:30pm Pinochle	10am BINGO		10:30am IT Presentation:
Nunnelee			12:30pm Pinochle	Basic Tech 101
		12:30pm Mah Jong	12:30pm 500 Card Club	
1:30pm Chair Yoga		12:30pm Hand & Foot		
Bingo			Thanksgiving Meal	
24	25	26	27	28
9am Fit & Feisty	10:30am Study Group	9am Fit & Feisty	Senior Center Closed	
Exercise		Exercise		Senior Center Closed
	12:30pm Pinochle		Happy Thanksgiving!	Corner Corner Classed
1:30pm ChairFit		10:30am Thanksgiving	Trappy Trianksgiving:	
Grooves		Trivia		
		12:30pm Mah Jong		
November Birthday		12:30pm Hand & Foot		
Celebration				