

Chambersburg Senior Activity Center (717) 264-8191
October 2025

Please call 24 hours in advance for meals

Activity Classes are **RED**

Exercise classes are **BLUE**
 Health & Wellness are **PURPLE**

Activities Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bullying Prevention Month	Breast Cancer Awareness Month	9am Fit & Feisty Exercise 10:30am BINGO w/ Jason Nunnelee 12:30pm Mahjong 12:30pm Hand & Foot Wear Pink for Breast Cancer Awareness	2 12:30pm Pinochle 12:30pm 500 Card Club	3 Fall Fest! Senior Center Closed
6 9am Fit & Feisty Exercise 9:30am Paint with Elaine Must Sign Up 1:30pm Chair Yoga Bingo	7 1pm Tamara w/ American Heart Association "Life's Essential 8" 12:30pm Pinochle	8 9am Fit & Feisty Exercise Craft Day 12:30pm Mahjong 12:30pm Hand & Foot	9 10am BINGO 12:30pm Pinochle 12:30pm 500 Card Club	10 9am Fit & Feisty Exercise 10:30am Albright LIFE Presentation
13 9am Fit & Feisty Exercise 9:30am Paint with Elaine Must Sign Up 1:30pm Chair Yoga Bingo	14 11am Blood Pressure Checks by Judy 12:30pm Pinochle	15 9am Fit & Feisty Exercise 10:30am I Love Lucy Marathon 12:30pm Mahjong 12:30pm Hand & Foot National I Love Lucy Day	16 10:30am Study Group 12:30pm Pinochle 12:30pm 500 Card Club	17 9am Fit & Feisty Exercise 10:30am Karaoke/Sing a Long

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20 9am Fit & Feisty Exercise 10:30am Bullying Bingo 1:30pm Chair Yoga Bingo	21 10:30am Apple Trivia 12:30pm Pinochle National Apple Day	22 9am Fit & Feisty Exercise Craft Day 12:30pm Mahjong 12:30pm Hand & Foot	23 10:30am Keystone Health "Men & Women's Health" 12:30pm Pinochle 12:30pm 500 Card Club	24 9am Fit & Feisty Exercise 10am BINGO Senior Center Closing at 2pm
27 9am Fit & Feisty Exercise 10:30am Study Group 1:30pm Chair Yoga Bingo	28 10:30am Pumpkin Bowling 12:30pm Pinochle	29 9am Fit & Feisty Exercise 10:30am Hopsice 101 w/ Ashley Miller 12:30pm Mahjong 12:30pm Hand & Foot	30 9am Movie Day 12:30pm Pinochle 12:30pm 500 Card Club	31 9am Fit & Feisty Exercise 10:30am Mystery Box Guessing Game Guess the cheeseballs Wear your Halloween Costume!