

Greencastle SAC (717) 597-2020
October 2025

Activity Classes are **RED**
Exercise classes are **BLUE**
Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) 12:30-3p Knitting Crew	2 10:30-11:30a-Group Study 1:00p Study to be Inspired (Bible Study) 1:30-2:30p-Ladies Tea & Talk	3 Center closed all day for Fall Fest
6 11a-Bookmobile at center 12:45-3p Basic to Advanced Art Class-See Flyer 2:00p Center Close Early	7 9:30-3p: Pinochle 12:30-2p: Card Club 500 2:00p Center Close Early	8 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) No Movie today 2:00p Center Close Early	9 10:30-11:30a-Group Study 1:00p Study to be Inspired (Bible Study) 1:30-2:00p-Ladies Tea & Talk 2:00p Center Close Early	10 10:30a-Meet and Greet with Jason from Chambersburg Skilled Nursing 2:00p Center Close Early
13 12:45-3p Basic to Advanced Art Class-See Flyer 2:00p Center Close Early	14 9:30-3p: Pinochle 10:30a Blood Pressure Checks (Monthly) 12:30-2p: Card Club 500 2:00p Center Close Early	15 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) 12:30-3p Knitting Crew	16 10:30-11:30a-Group Study 1:00p Study to be Inspired (Bible Study) 1:30-2:30p-Ladies Tea & Talk	17 12:45p-Paint with Elaine- Pumpkin picture (Only 1 group this month)- Must sign up \$3

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20 12:45-3p Basic to Advanced Art Class-See Flyer	21 9:30-3p: Pinochle 12:30-4p: Card Club 500	22 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) 12:45p Movie & Popcorn-To be determine	23 10:30-11:30a-Group Study 1:00p Study to be Inspired (Bible Study) 1:30-2:30p-Ladies Tea & Talk	24 10a-Inspiration Station Pumpkin Candle Holder-Must Sign up -\$5.00 2:00p Center Close Early for staff meeting
27 12:45-3p Basic to Advanced Art Class-See Flyer	28 9:30-3p: Pinochle 12:30-4p: Card Club 500	29 10:30-11:30a-BINGO (\$1.25 donation for 2 cards)	30 10:30-11:30a-Group Study 1:00p Study to be Inspired (Bible Study) 1:30-2:30p-Ladies Tea & Talk	31 Wear your favorite costume to the center

Exercise Schedule:

Monday	Tuesday	Wednesday	Thursday	Friday
10a-Strong Seniors Exercise Group—Beginner Level 10:45a-Energize Exercise—Low Level	9:30a-Simply Seated Exercise—Moderate Level 10:15a-Walk Fit Exercise Group-Advanced Level	10a-Strong Seniors Exercise Group—Beginner Level	9:30a-Chair Yoga—Beginner Level 1p-Tai Chi—Low Impact	9:30a-Simply Seated Exercise—Moderate Level 10:15a-Walk Fit Exercise Group—Advanced Level

No Second Saturday events for October, will be back in November