

# Path Valley Senior Center (717) 349-7227

October 2025

Activity Classes are **RED**

Exercise classes are **BLUE**

Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
National Bully Prevention Month	National Breast Cancer Awareness Month	1 Closed	2 Nutrition Education 11:00am 4 ways to Fight Bac! Cook-Separate-Clean-Chill	3 Fall Fest At Mont Alto Registration Required All Centers Closed
6 Jason Altira Health 10:45 Meet Bruno & Cooper	7 Opening 9:30am Group Study with Pastor John 11:00am	8 Closed	9 Keystone Health 11:00am Men & Woman's Health	10 Bingo 11:00am
13 Shoe Box Packing Day 9:00am	14 Opening 9:30am Group Study with Pastor Darwin 11:00am	15 Closed	16 Paint Day with Elaine 10:30	17 Movie & Popcorn Day 10:30
20 Card Stamping with Muriel 10am See sign-up sheet	21 Opening 9:30am Group Study with Pastor John 11:00am	22 Closed	23 Birthday Celebrations Wear Pink Day Breast Cancer Awareness Month	24 Pa. Health & Wellness Bingo with Tina 11am Closing at 1:30
27 Pumpkin Dipping Craft 11:00	28 Group Study with Pastor John 11:00am Closing at 3pm	29 Closed	30 Self-Blood Pressure Checks Bully Bingo! 11:00am	31 Fall Festival Party Costumes Encouraged Games & Snacks 11:00am

