## Franklin County

## **December**

Monday	Tuesday	Wednesday	Thursday	Friday
4oz Sloppy Joe 1/2c Country Greens 1/2c Sweet Potato Bites Hamburger Bun Oatmeal Cream Pie	Roasted Honey Garlic Pork Loin 1/2c Steamed Broccoli 1/2c White Rice 1 Fresh Fruit Dinner Roll	3 3oz Kielbasa with 1oz Kraut 1/2c mashed potatoes 1/2c California Blend Vegetables 1/2c Applesauce Hot Dog Bun	Turkey Chef Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Whole Wheat Bread 1 Piece Cake	Stuffed Pepper Casserole 1/2c Garlic Mashed Potatoes 1/2c Carrots White Bread Pudding
30z Salisbury Steak with 20z Gravy 1/2c Whipped Potatoes 1/2c Peas Dinner Roll Gelatin	3/4c Pasta and Meatballs (4) with 2oz Marinara Sauce 1c Tossed Salad w/ Tomato Garlic Breadstick Fresh Fruit	Creamy Chicken Tortellini (3oz Chicken, 1/2c Tortellini) 1/2c Green Beans 1 Fresh fruit Whole Wheat Bread	Cheeseburger 1/2c Tator Tots 1c Tossed Salad w/ Tomato 1/2c pineapple Hamburger Bun	General Tso's Chicken 1/2c White Rice 1/2c Garlic Broccoli 1/2c Mandarin Oranges Cookie
3oz Sliced Ham with 1oz Pineapple Sauce 1/2c Mashed Potatoes 1/2c Green Peas Dinner Roll Cookie	Chicken Philly Sandwich 1c Cream of Spinach Soup 1/2c Coleslaw Hoagie Roll 1 Fresh Fruit	4oz Shrimp Scampi 4oz Shrimp Scampi 1/2c Creamy Pasta 1/2c Lemon Pepper Broccoli Breadstick Fresh Fruit	Christmas Dinner 18 3 oz Roast Beef w/ Gravy 2 oz Stuffing 1/2 c Mashed Redskin Potatoes 1/2 c Candied Carrots 1 Dinner Roll Pie	French Dip Sandwich w/ 2oz Au Jus 2oz Beef, 1oz Mozzarella Cheese 1/2c Garlic Parsley Potatoes 1/2c Green Beans 1/2c Mandarin Oranges  Hoagie Bun
3oz Pot Roast w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Peach Crisp	Meatball Sub (3 Meatballs) w/ 1oz Mozzarella Cheese 1c Loaded Potato Soup 1/2c Side Salad w/ Dressing Hot Dog Bun Fresh Fruit	Closed	Christmas Day! 25  MERRY CHRISTMAS	3oz Grilled Chicken Parmesan w/ 1oz Shredded Cheese 1/2c Rotini w/ Sauce 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Applesauce
3oz Chicken Cutlet with 2oz Country White Gravy 1/2c Mashed Potatoes 1/2c Brussel Sprouts Wheat Bread cookie	Grilled Chicken Salad (2oz Grilled Chicken, 1oz Cheese) 1c Lettuce, 2oz Tomato 1c Broccoli Soup Breadstick 1 fresh fruit	New Years Eve! 31 3oz Roasted Pork w/ 2oz Sauerkraut 1/2c mashed potatoes 1/2c Green Beans Dinner Roll Cake w/ Frosting		Nutrition Nutrition