

Greencastle SAC (717) 597-2020

December 2025

Activity Classes are **RED**
 Exercise classes are **BLUE**
 Health & Wellness are **PURPLE**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|--|
| 1 No Exercise classes today 11a-Bookmobile at center 12:45-3p Basic to Advanced Art Class- See Flyer 10a-1p- Helping Hands Caring Hearts Pantry Day at center | 2 What's your Elf Name? 9:30-3p: Pinochle 12:30-2p: Card Club 500 2:00p Center Close Early | 3 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) 12:30-3p Knitting Crew 12:30p- Help make Cards for the Homebound | 4 10:30-11:30a-Group Study 11:30a- 5 Second Game 1:00p Study to be Inspired (Bible Study) 1:30-2:30p-Ladies Tea & Talk | 5 Turn your favorite recipes in for this year's Holiday cookbook 12:30p-Paint in the afternoon with Elaine- Holiday/Winter Paint |
| 8 11a-Bookmobile at center 11:15a-Christmas Jeopardy 12:45-2p Basic to Advanced Art Class- See flyer 2:00p Center Close Early | 9 What's your Reindeer Name? 9:30-3p: Pinochle 12:30-2p: Card Club 500 2:00p Center Close Early | 10 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) 12:45p-Movie & Cookies <u>Sight and Sound's Miracle of Christmas</u> | 11 Wear Red Today! 10:30-11:30a-Group Study 11:30a- Christmas Trivia 1:00p Study to be Inspired (Bible Study) 1:30-2:30p-Ladies Tea & Talk | 12 Wear your Ugliest Sweater today! 10:30a-Meet and Greet with Jason from Chambersburg Skilled Nursing 3:00p Center Close Early |
| 15 Wear your favorite Christmas Hat, Socks, Tie, and/or Accessories today 12:45-2p Basic to Advanced Art Class- Must sign up. See Flyer 2:00p Center Close Early | 16 9:30-3p: Pinochle 11a-Christmas Wheel of Fortune 12:30-2p: Card Club 500 | 17 Wear Green Today! 10:30a-GRINCH BINGO (\$1.25 donation for 2 cards) 12:30-3p Knitting Crew | 18 Dress to Impress for the Center Holiday Meal! 10:30-11:30a-Group Study 1:00p Study to be Inspired (Bible Study) 1:30-2:30p-Ladies Tea & Talk | 19 10a- Inspiration Station-Nativity Craft- Must sign up and \$5 11:15a- Christmas Charades |

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| 22 10a-Christmas Fun Day & Christmas Sing Along No Art Class Today | 23 9:30-3p: Pinochle 11:15a- Christmas Pictionary 12:30-4p: Card Club 500 | 24 | 25 | 26 Birthday Celebration at lunch 2:00p Center Close Early |
| 29 No Art Class Today | 30 9:30-3p: Pinochle 12:30-4p: Card Club 500 | 31 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) | 1 | 2 2:00p Center Close Early |

Exercise Schedule:

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|--|--|
| 10a-Strong Seniors Exercise Group—Beginner Level 10:45a-Energize Exercise—Low Level | 9:30a-Simply Seated Exercise—Moderate Level 10:15a-Walk Fit Exercise Group-Advanced Level | 10a-Strong Seniors Exercise Group—Beginner Level | 9:30a-Chair Yoga—Beginner Level 1p-Tai Chi—Low Impact | 9:30a-Simply Seated Exercise—Moderate Level 10:15a-Walk Fit Exercise Group—Advanced Level |

Second Saturday – December 13, 2025

10:00am- Coffee & Caregiver Support Group

10:30a-Bake Sale, Craft Sale, Make and Take Christmas Craft

11:30a- Christmas Trivia

12:00pm- Breakfast for Lunch- Egg Casserole, Sausage, Fried Potatoes, and Baked French Toast, OJ & Coffee (Suggested Donation of \$5.00)