

Mont Alto Senior Activity Center (717) 749-7294
December 2025 Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9:30 Rummikub & Games 11:00 Chair Yoga 12:30 Adult Asthma w/ Kim Lucas	2 9:30 Rummikub & Games 11:00 Sit & Get Fit (in person or Virtual) 12:45 Poinsettia facts and card making W/ Trina Grove-Master Gardener	3 9:30 Board Games 11:00 Group Study 1:30 Penn Needlework Grp	4 9:30 Rummikub & Games 11:00 Sit & Get Fit (in person or Virtual)	5 9:30 Rummikub & Games
8 9:30 Rummikub & Games 11:00 Chair Yoga 1:00 Bingo	9 Bus Trip to American Music Theater Center Closed	10 9:30 Board Games 11:00 Group Study	11 9:30 Rummikub & Games 11:00 Sit & Get Fit (in person or Virtual)	12 9:30 Rummikub & Games 12:30 Twig Ornament craft
15 9:30 Rummikub & Games 11:00 Chair Yoga 12:45 Christmas Bingo with Jason Nunlee	16 Christmas Party! Must be signed up before 12/12	17 9:30 Board Games 11:00 Group Study 1:30 Penn Needlework Grp	18 9:30 Rummikub & Games 11:00 Sit & Get Fit (in person or Virtual)	19 9:30 Rummikub & Games 1:45 Bowling -\$8.00 for 2 games at Sunshine Lanes, shoes included
22 9:30 Rummikub & Games 11:00 Chair Yoga 1:00 Bingo	23 9:30 Rummikub & Games 11:00 Sit & Get Fit (in person or Virtual)	24 Christmas Eve Center is Closed	25 Merry Christmas! Center is Closed	26 9:30 Board Games 12:45 Hot Chocolate, Conversation and leftover Christmas Cookies! Bring cookies to share

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27 9:30 Rummikub & Games 11:00 Chair Yoga 1:00 Bingo	28 9:30 Rummikub & Games 11:00 Sit & Get Fit (in person or Virtual)	29 9:30 Board Games 11:00 Group Study Birthdays	Please call by 1:30 the day before you plan to attend for lunch	Come in before lunch and enjoy snacks, coffee, tea and great company
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