

St. Thomas Senior Activity Center (717) 369-2520
December 2025

Activity Classes are **RED**
Exercise classes are **BLUE**
Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Closed	2 Strong Seniors Chair Exercise led by DVD 10:00	3 Mind Matters video: The Rise and Fall of the Pennsylvania Railroad Parts 1 & 2 11:00	4 Jason-Chambersburg Skilled Nursing and Rehab 11:00	5 Christmas Bingo 11:00 Bring a bag of candy for prizes
8 Closed	9 Book Discussion 11:00	10 Christmas Ornament making 10:30-please sign up	11 Ugly Christmas Sweater Day-wear your ugliest Christmas sweater or make your own Strong Seniors Chair Exercise led by DVD 10:00	12 Off-site Christmas Meal The Family Table
15 Closed	16 Early Lunch 11:30 Paint Day immediately following lunch (around 12:15)	17 Christmas Cookie Exchange-bring your favorite cookies to share Can be store bought or homemade	18 Christmas Meal with PCN	19 Hot Cocoa Bar And Christmas Trivia 10:30
22 Closed	23 December Birthday Celebration with lunch	24 Christmas Eve-all centers closed	25 Christmas Day-all centers closed	26 Closed

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29 Closed	30 Closed	31 Closed	January 1 New Years Day All Centers Closed	*any dates this center is closed, feel free to register at another center for lunch

- Activities are subject to change
- Some activities require pre-registration and have limited seating
- There will be no special music in December due to the holiday