

# TUSCARORA SENIOR ACTIVITY CENTER (717) 328-4744

## DECEMBER 2025

Activity Classes are **RED**  
 Exercise classes are **BLUE**  
 Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1  11AM CHAIR YOGA W/GARY  LUNCH AT 11:30AM CENTER CLOSING AT 2PM	2  11AM STRONG SENIORS  LUNCH AT 11:30AM CENTER CLOSING AT 2PM	3  10-11AM BOOKMOBILE  LUNCH AT 11:30AM CENTER CLOSING AT 2PM	4  11AM STRONG SENIORS  1PM THURSDAYS W/JASON OF CHAMBERSBURG SKILLED NURSING AND REHAB	5  1PM LYMPHODEMA PRESENTATION WITH BUFFY FROM FULTON COUNTY WOUND CLINIC
8  11AM CHAIR YOGA W/GARY  LUNCH AT 11:30AM CENTER CLOSING AT 1:30PM FOR STAFF MEETING	9  11AM STRONG SENIORS  MMP&W AND WELLSPAN AMBULANCE VISIT AFTER LUNCH	10  11AM CHAIR YOGA W/GARY	11  11AM LUNCH  12-1:30PM MONTGOMERY ELEMENTARY 1 <sup>ST</sup> GRADE VISIT WITH US TO SING AND DO A CRAFT	12  HOLIDAY OPEN HOUSE! 5-8PM  SANTA VISIT 5-7PM
15  11AM CHAIR YOGA W/GARY	16  11AM STRONG SENIORS  1PM HAND & FOOT CARD CLUB  LUNCH AT 11:30AM CENTER CLOSING AT 2PM	17  11AM CHAIR YOGA W/GARY  1PM COOKIE EXCHANGE SIGN-UP AND RULES ON THE BOARD	18  **CENTER CLOSED FOR EVENT**  HOLIDAY BANQUET AT THE AMERICAN LEGION SIGN-UP AND MORE INFO ON BOARD ACTIVE MEMBERS ONLY	19  ALL DAY  HOLIDAY MOVIE MARATHON  POPCORN AND HOT COCOA BAR
22  11AM CHAIR YOGA W/GARY	23  11AM STRONG SENIORS  1PM HAND & FOOT CARD CLUB  DESSERT DAY! BRING A DESSERT TO SHARE	24  ALL COUNTY OFFICES AND SENIOR CENTERS CLOSED	25  ALL COUNTY OFFICES AND SENIOR CENTERS CLOSED	26  BIRTHDAY CELEBRATION AFTER LUNCH

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29	30	31		ALWAYS AVAILABLE: COMPUTERS W/ACCESS TO PRINTER, GYM, POOL TABLES, LENDING LIBRARY, MAGNIFIER MACHINE  ACTIVITIES SUBJECT TO CHANGE
11AM CHAIR YOGA W/GARY	11AM STRONG SENIORS	11AM CHAIR YOGA W/GARY		
11:30AM LUNCH	11:30AM LUNCH	11:30AM LUNCH		
CLOSING AT 2PM	CLOSING AT 2PM	CLOSING AT 2PM		