

Upper Strasburg (717) 530-1186
December 2025

Activity Classes are **RED**
Exercise classes are **BLUE**
Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Closed	2 Center Hours (9:30a-2p)	3 Center Hours (9:30a-2p)	4 Closed	5 Closed
8 11:00 Fitness Fun 1:00 Ornament Craft Close at 2:00 for a team meeting	9 12:30 Brain Game- Elf and Gingerbread Name 1:00 Hot Chocolate Bar and Christmas Carol Sing Along	10 10:30 Kitchen Creations: Pretzel Wreathes Close at 3:00 for home delivered meals	11 11:00 Coffee & Talk- The Grinch Story 1:00 Show & Share- Ornaments-extras for home bound	12 11:00 Fitness Fun 12:30 Who is the Grinchiest 1:00 Gingerbread Men Craft with Majessa
15 11:00 Fitness Fun 1:00 Card Making with Muriel-extras for Orrstown Personal Care	16 It's a Hallmark Holiday Marathon 1:00 Cookie Exchange	17 10:30 Group Study 1:00 Birthday Bash Wear your Blue Franklin County Sweatshirts	18 11:00 Coffee & Talk 1:00 Movie: Elf	19 11:00 Fitness Fun 1:00 Holiday Party Wear your festive clothes
22 11:00 Fitness Fun 1:00 Jason- Holiday Trivia	23 1:00 Drawing Video-A Christmas gnome Wear red or green	24 Closed for Holiday	25 Closed for Holiday	26 Closed
29 11:00 Fitness Fun 1:00 New Year Reflection	30 1:00 Jeopardy: Years Past	31 Closed		

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