January

Franklin County

Monday	Tuesday	Wednesday	Thursday	Friday
			Happy New Year! 1	2 3oz Grilled Chicken Parmesan w/ 1oz Shredded Cheese 1/2c Rotini w/ Sauce 1c Tossed Salad w/ Tomato 1 Garlic Breadstick **NEW ITEM** 1/2c Applesauce
5 3oz Pot Roast w/2oz Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots 1 Italian Bread Fresh Fruit	6 Grilled Chicken Salad (2oz Grilled Chicken, 1oz Cheese) 1c Lettuce, 2oz Tomato 1c Broccoli Soup Breadstick 1/2c Fruited Gelatin	7 Stadium Hot Dog w/1oz Chili 1/2c Roasted Sweet Potatoes 1/2c Peas 1 Hot Dog Roll 1/2c Pineapple & Mandarin Oranges	8 3oz Open Faced Turkey Sandwich w/2oz Gravy 1/2c Whipped Potatoes w/Chives 1/2c Corn White Bread Fresh Fruit	9 French Dip Sandwich w/2oz Au Jus 2oz Beef, 1oz Mozzarella Cheese 1/2c Garlic Parsley Potatoes 1/2c Green Beans 1/2c Mandarin Oranges Hoagie Bun **NEW ITEM**
12 1c Winter Beef Stew 1/2c Green Beans 1 Cornbread 1/2c Apple Crisp	13 Fish Sandwich w/Tartar Sauce 1/2c Coleslaw 1/2c Lemon Pepper Broccoli 1/2c diced peaches Hamburger Bun	14 3oz Roast Beef w/2oz Gravy 1/2c Mashed Potatoes 1/2c Carrots Whole Wheat Bread Fresh Fruit	15 Turkey w/ Provolone (2oz Turkey, 1slice Provolone) Lettuce & Tomato **NEW ITEM** 1c Corn Chowder Fresh Fruit Hamburger Bun	16 Swedish Meatballs (4) 1/2c Buttered Pasta 1/2c Green Peas 1 Breadstick 1/2c Fruited Gelatin
Martin Luther King Day! 19 **CENTERS CLOSED**	20 Chicken Taco Salad 3oz Chicken, .5 oz Cheddar Cheese Salad Mix, Salsa, Ranch 1/2c corn 1/2c Yellow Rice 1/2c Pineapple	21 3oz Meatloaf with 2oz Gravy Baked Potato 1/2c Carrots Whole Wheat Bread Fresh Fruit	22 Cheese Omelet 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/Jelly 4oz Orange Juice	23 Smokey BBQ Bacon Burger Cheddar Cheese, BBQ, Bacon 1c Cauliflower Soup w/Crackers Sandwich Roll Fresh Fruit
23 4oz Sloppy Joe 1/2c Country Greens 1/2c Sweet Potato Bites Hamburger Bun Oatmeal Cream Pie	27 Roasted Honey Garlic Pork Loin 1/2c Steamed Broccoli 1/2c White Rice 1/2c Fruited Gelatin Dinner Roll **NEW ITEM**	28 3oz Kielbasa with 1oz Kraut 1/2c mashed potatoes 1/2c California Blend Vegetables 1/2c Applesauce Hot Dog Bun	29 Turkey Chef Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Whole Wheat Bread 1 Piece Cake	30 Stuffed pepper casserole 1/2c Garlic Mashed Potatoes 1/2c Carrots White Bread Pudding *menu subject to change*