

Chambersburg Senior Activity Center (717) 264-8191

January 2026

HOTLINE for inclement weather: (717) 660-2678

Please call 24 hours in advance for meals

Activity Classes are **RED**

Exercise classes are **BLUE**
Health & Wellness are **PURPLE**

Activities Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Senior Center Closed Happy New Year!	2 9am Fit & Feisty Exercise Craft Day
5 9am Fit & Feisty Exercise 9:30am Paint Class w/ Elaine Must Sign Up 1:30pm ChairFit Grooves	6 10:30am Study Group 12:30pm Pinochle	7 9am Fit & Feisty Exercise 10am Pottery Class Must Sign Up 12:30pm Mah Jong 12:30pm Hand & Foot	8 12:30pm Pinochle 12:30pm 500 Card Club	9 9am Fit & Feisty Exercise 10am Blue BINGO Bring something BLUE as a prize donation
12 9am Fit & Feisty Exercise 1:30pm ChairFit Grooves	13 10:30am Tamara FAST Stroke Awareness 12:30pm Pinochle	14 9am Fit & Feisty Exercise 10:30am Senior Center Feud w/ Jason 12:30pm Mah Jong 12:30pm Hand & Foot	15 Craft Day 12:30pm Pinochle 12:30pm 500 Card Club	16 9am Fit & Feisty Exercise 10:30am Karaoke/Sing a Long

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19 Senior Center Closed for Martin Luther King Day	20 10:30am Winter Trivia 12:30pm Pinochle	21 9am Fit & Feisty Exercise 10am snack BINGO Bring a SNACK as a prize donation 12:30pm Mah Jong 12:30pm Hand & Foot	22 9am Movie Day 12:30pm Pinochle 12:30pm 500 Card Club	23 9am Fit & Feisty Exercise 10:30am Candy Dice Game
26 9am Fit & Feisty Exercise 1:30pm ChairFit Grooves January Birthday Celebration	27 10:30am Study Group 12:30pm Pinochle	28 9am Fit & Feisty Exercise 10:30am Adult Asthma: Breathing Easier w/ Kim Lucas 12:30pm Mah Jong 12:30pm Hand & Foot	29 10:30am Mental Health w/ Keystone Health 12:30pm Pinochle 12:30pm 500 Card Club	30 9am Fit & Feisty Exercise 10am BINGO