

**Greencastle SAC (717) 597-2020**  
**February 2026**

Activity Classes are **RED**  
 Exercise classes are **BLUE**  
 Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 11:00a Bookmobile 12:45-3p Basic to Advanced Art Class	3 <b>11a Keystone Health – Mental Health Presentation</b> <b>1p Miller Bowersox Funeral Home Presentation - Preplanning your arrangements</b> 9:30-3p: Pinochle 12:30-2p: Card Club 500	4 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) 12:30-3p Knitting Crew	5 10:30-11:30a-Group Study 1:30-2:30p-Ladies Tea & Talk	6 11a- Town Hall Planning 2026 Activities <b>12:45p- Paint in Afternoon with Elaine (Must signup \$3) “Bunny”</b>
9 12:45-3p Basic to Advanced Art Class	10 9:30-3p: Pinochle 12:30-2p: Card Club 500	11 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) 12:45p-3p Movie & Popcorn Herbie Goes Bananas (1980)	12 10:30-11:30a-Group Study <b>1:30p- Center Closing early</b>	13 <b>10:30a- “Senior Center Feud” with Jason from Chambersburg Skilled Nursing</b>
16 12:45-2p Basic to Advanced Art Class <b>2:00p- Center Closing early</b>	17 9:30-3p: Pinochle 12:30-4p: Card Club 500	18 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) 12:30-3p Knitting Crew	19 10:30-11:30a-Group Study 1:00p- Study to be Inspired- “Jonah” 1:30-2:30p-Ladies Tea & Talk	20 12:30p Games- Wii Bowling, Connect 4, Rummikub, etc

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23  <b>9-12p Property Tax and Rent Rebate Assistance (Must sign up)</b>  12:45-3p Basic to Advanced Art Class	24  9:30-3p: Pinochle  12:30-2p: Card Club 500	25  10:30-11:30a-BINGO (\$1.25 donation for 2 cards)  12:45p-3p Movie & Popcorn Grumpy Old Men (1993)	26  10:30-11:30a-Group Study  1:00p- Study to be Inspired- "Jonah"  1:30-2:30p-Ladies Tea & Talk	27  <b>10a-Inspiration Station-TBD</b>  Birthday Celebration at Lunch
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**Exercise Schedule:**

Monday	Tuesday	Wednesday	Thursday	Friday
10a-Strong Seniors Exercise Group—Beginner Level  10:45a-Energize Exercise—Low Level	9:30a-Simply Seated Exercise—Moderate Level  10:15a-Walk Fit Exercise Group—Advanced Level	10a-Strong Seniors Exercise Group—Beginner Level	9:30a-Chair Yoga—Beginner Level  1p-Tai Chi—Low Impact	9:30a-Simply Seated Exercise—Moderate Level  10:15a-Walk Fit Exercise Group—Advanced Level

**Second Saturday – February 14, 2026- Celebration of Friendship Day**

Bring a friend to the center for fellowship and a meal

10:00am- Coffee & Caregiver Support Group

10:30a-Friendship Activities

12:00pm- Spaghetti Meal (Suggested Donation of \$5.00-RSVP by 2/6/26)

12:30pm- Sonny & Magali's Music & Comedy Ministry performance (Oldies, gospel, country music)