

Greencastle SAC (717) 597-2020

February 2026

Activity Classes are **RED**
 Exercise classes are **BLUE**
 Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 11:00a Bookmobile 12:45-3p Basic to Advanced Art Class	3 11a Keystone Health – Mental Health Presentation 1p Miller Bowersox Funeral Home Presentation - Preplanning your arrangements 9:30-3p: Pinochle 12:30-2p: Card Club 500	4 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) 12:30-3p Knitting Crew	5 10:30-11:30a-Group Study 1:30-2:30p-Ladies Tea & Talk	6 11a- Town Hall Planning 2026 Activities 12:45p- Paint in Afternoon with Elaine (Must signup \$3) “Bunny”
9 12:45-3p Basic to Advanced Art Class	10 9:30-3p: Pinochle 12:30-2p: Card Club 500	11 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) 12:45p-3p Movie & Popcorn Herbie Goes Bananas (1980)	12 10:30-11:30a-Group Study 1:30p- Center Closing early	13 10:30a- “Senior Center Feud” with Jason from Chambersburg Skilled Nursing
16 12:45-2p Basic to Advanced Art Class 2:00p- Center Closing early	17 9:30-3p: Pinochle 12:30-4p: Card Club 500	18 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) 12:30-3p Knitting Crew	19 10:30-11:30a-Group Study 1:00p- Study to be Inspired- “Jonah” 1:30-2:30p-Ladies Tea & Talk	20 12:30p Games- Wii Bowling, Connect 4, Rummikub, etc

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23 9-12p Property Tax and Rent Rebate Assistance (Must sign up) 12:45-3p Basic to Advanced Art Class	24 9:30-3p: Pinochle 12:30-2p: Card Club 500	25 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) 12:45p-3p Movie & Popcorn Grumpy Old Men (1993)	26 10:30-11:30a-Group Study 1:00p- Study to be Inspired- "Jonah" 1:30-2:30p-Ladies Tea & Talk	27 10a-Inspiration Station-TBD Birthday Celebration at Lunch
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Exercise Schedule:

Monday	Tuesday	Wednesday	Thursday	Friday
10a-Strong Seniors Exercise Group—Beginner Level 10:45a-Energize Exercise—Low Level	9:30a-Simply Seated Exercise—Moderate Level 10:15a-Walk Fit Exercise Group-Advanced Level	10a-Strong Seniors Exercise Group—Beginner Level	9:30a-Chair Yoga—Beginner Level 1p-Tai Chi—Low Impact	9:30a-Simply Seated Exercise—Moderate Level 10:15a-Walk Fit Exercise Group—Advanced Level

Second Saturday – February 14, 2026- Celebration of Friendship Day

Bring a friend to the center for fellowship and a meal

10:00am- Coffee & Caregiver Support Group

10:30a-Friendship Activities

12:00pm- Spaghetti Meal (Suggested Donation of \$5.00-RSVP by 2/6/26)

12:30pm- Sonny & Magali's Music & Comedy Ministry performance (Oldies, gospel, county music)