

**Path Valley Senior Center (717) 349-7227**  
**February 2026**

**Activity Classes are RED**

**Exercise classes are BLUE**

**Health & Wellness are PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 50's & 60's Music Trivia With Jason 10:45 Closing at 2:30	3 10-minute exercise Video 10:20  Group Study with Pastor John 11:00am	4 Closed	5 Tina Pa. Health & Wellness Bingo 11am	6 10-minute exercise Video 10:20 Valentine's Craft 10:30 Clay Pendant part 1
9 Elder Law Presentation 10:45 Murphy & Childers Law Office	10 10-minute exercise Video 10:20  Group Study with Pastor Darwin 11:00am	11 Closed	12 Clay Heart Pendant part 2 10:30	13 10-minute exercise Video 10:20 Valentine's Day Treats and Trivia
16 Valentines Bingo Valentine related prize donations needed 11:00 am	17 10-minute exercise Video 10:20  Group Study with Pastor John 11:00am	18 Closed	19 Paint Day With Elaine 10:30	20 10-minute exercise Video 10:20 Spot a Stroke F.A.S.T. 11am With Tamara
23 Closed	24 10-minute exercise Video 10:20  Group Study with Pastor John 11:00am	25 Closed	26 Self -Care Blood Pressure Checks  Heart Health Month information packet 11:00	27 10-minute exercise Video 10:20  Wii Bowling