

St. Thomas Senior Activity Center (717) 369-2520
February 2026

Activity Classes are **RED**
Exercise classes are **BLUE**
Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Closed	3 Exercise Class led by DVD 10:00	4 Pottery Day 10:30 Cost \$5.00 Please pre-register *National Thank Your Mailman Day	5 Jason-Chambersburg Skilled Nursing and Rehab 11:00 *Center closes at 1:15	6 Superbowl Party for lunch (meal on the menu will not be served) Wear your sports apparel and accessories! Bring a covered dish if you would like
9 Closed	10 Book Discussion 11:00	11 Valentine's Day Sand Art craft (limited to 6 people) Requires pre-registration 10:30	12 Tina-PA Health and Wellness Bingo 11:00 *National Hug Day	13 Valentine's Day Trivia 11:00 Exercise Class led by DVD 10:00 *Wear pink or red today
16 Closed	17 Early Lunch 11:30 Paint Class immediately following lunch-requires pre-registration Cost: \$3.00 *Mardi Gras	18 Short film and popcorn "The Underground Railroad in Kennett Square-Movers & Makers" 11:00	19 Card Games-UNO, Phase 10 10:30	20 Exercise Class led by DVD 10:00
23 Closed	24 Exercise Class led by DVD 10:00	25 Heart Health Discussion with a special treat 11:00	26 Special Music Day 10:45-11:45 *National Chili Day	27 February Birthday Celebration with lunch