

Chambersburg Senior Activity Center (717) 264-8191

March 2026

Please call 24 hours in advance for meals

Inclement Weather Hotline: (717) 660-2678

Activity Classes are **RED**

Exercise classes are **BLUE**

Health & Wellness are **PURPLE**

Activities Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2 9am Fit & Feisty Exercise</p> <p>9:30am Paint Class w/ Elaine Must Sign Up</p> <p>1:30pm ChairFit Grooves: Tai Chi</p>	<p>3</p> <p>12:30pm Pinochle</p>	<p>4 9am Fit & Feisty Exercise</p> <p>10am Ceramics Class Must Sign Up</p> <p>12:30pm Mah Jong 12:30pm Hand & Foot</p>	<p>5</p> <p>Craft Day</p> <p>12:30pm 500 Card Club 12:30pm Pinochle</p>	<p>6 9am Fit & Feisty Exercise Guess that Oreo</p> <p>10:30am Would you Rather game with Jason</p> <p>National Oreo Day</p>
<p>9 9am Fit & Feisty Exercise</p> <p>10am BINGO bring something GREEN as a prize donation</p> <p>1:30pm ChairFit Grooves: Tai Chi</p>	<p>10</p> <p>10:30am Study Group</p> <p>11am Blood Pressure Checks by Judy</p> <p>12:30pm Pinochle</p>	<p>11 9am Fit & Feisty Exercise</p> <p>10:30am Take a Stand Against Falls w/ Tammy Kegerreis</p> <p>12:30pm Mah Jong 12:30pm Hand & Foot</p>	<p>12</p> <p>10:30am Spring Planting Presentation with Trina</p> <p>12:30pm 500 Card Club 12:30pm Pinochle</p>	<p>13 9am Fit & Feisty Exercise</p> <p>Craft Day</p>
<p>16 9am Fit & Feisty Exercise</p> <p>10:30am Spring Jeopardy</p> <p>1:30pm ChairFit Grooves: Tai Chi</p>	<p>17 10:30am St. Patty's Day Games</p> <p>12:30pm Pinochle</p> <p>Wear Green! Happy St. Patrick's Day!</p>	<p>18 9am Fit & Feisty Exercise</p> <p>11am Closed Captioning Presentation</p> <p>12:30pm Mah Jong 12:30pm Hand & Foot</p>	<p>19</p> <p>12:30pm 500 Card Club 12:30pm Pinochle</p>	<p>20 9am Fit & Feisty Exercise</p> <p>10am BINGO bring something YELLOW as a prize donation</p> <p>First Day of Spring!</p>

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<p>23 9am Fit & Feisty Exercise 10:30am YouTube Southern Slang Game 1:30pm ChairFit Grooves: Tai Chi</p>	<p>24 9am Movie Day 12:30pm Pinochle</p>	<p>25 9am Fit & Feisty Exercise 10am BINGO 12:30pm Mah Jong 12:30pm Hand & Foot</p>	<p>26 10:30am Keystone Health: Healthy Aging 12:30pm 500 Card Club 12:30pm Pinochle</p>	<p>27 9am Fit & Feisty Exercise 10:30am Karaoke/Sing a Long</p>
<p>30 9am Fit & Feisty Exercise 1:30pm ChairFit Grooves: Tai Chi March Birthday Celebration!</p>	<p>31 10:30am Study Group 12:30pm Pinochle</p>			