

**Path Valley Senior Center (717) 349-7227**  
**March 2026**

Activity Classes are **RED**  
 Exercise classes are **BLUE**  
 Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Jason With Chambersburg Skilled Nursing 10:45	3 10-Minute Exercise Video 10:20  Group Study with Pastor John 11:00am	4  <b>Closed</b>	5  Table Games 500 Rummy Dominos	6 10-Minute Exercise Video 10:20  World Oreo Cookie Day Coffee & Cookie & Conversation
9 Self -Care Blood Pressure Checks  Wii Bowling	10 10-Minute Exercise Video 10:20  Group Study with Pastor Darwin	11  <b>Closed</b>	12 Keystone Health Healthy Aging 11:00am	13 10-Minute Exercise Video 10:20  National K-9 Veteran Day Military Dog Video 10:45
16 Answer the Riddle Find the leprechauns Gold Coins	17 10-Minute Exercise Video 10:20  Group Study with Pastor 11:00am  <b>Closing at 1:30</b>	18  <b>Closed</b>	19 <b>Paint Day with Elaine</b> 10:15 <b>Call for space availability</b> <b>\$3.00 copay</b>	20 10-Minute Exercise Video 10:20  <b>Easter Craft</b> <b>Decoupage Eggs</b> 10:45
23  Caption Call Presentation 11:00am	24 10-Minute Exercise Video 10:20  Group Study with Pastor John 11:00	25  <b>Closed</b>	26  Easter Bingo Easter Theme Prize Donations Accepted 11:00am	27  <b>Card Stamping</b> <b>With Muriel</b> 10:30
30 Spot a Stroke F.A.S.T. 11am With Tamara	31 10-Minute Exercise Video 10:20  Group Study with Pastor John 11:00am		Calendar subject to change	Make your meal reservation by 12:30pm the day before attending