

**Greencastle SAC (717) 597-2020**  
**April 2026**

Activity Classes are **RED**  
 Exercise classes are **BLUE**  
 Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) 12:30-2p Knitting Crew <b>2:00pm Center closing early</b>	<b>2</b> 10:30-11:30a-Group Study 1:00p- Study to be Inspired- "Jonah" <b>No Ladies Tea &amp; Talk</b> <b>2:00pm Center closing early</b>	<b>3</b>  <b>Center closed</b>  <b>Good Friday</b>
<b>6</b> 11:00a Bookmobile 12:45-2p Basic to Advanced Art Class <b>2:00pm Center closing early</b>	<b>7</b> <b>11am- Keystone Health            Presentation- Healthy Aging</b> 9:30-4p Pinochle 12:30-4p Card Club 500	<b>8</b> 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) <b>12:45 Movie and Popcorn            HOP (2011)</b> <b>Fun family movie about the            Easter Bunny</b>	<b>9</b> 10:30-11:30a-Group Study <b>No Study to be Inspired</b> <b>No Ladies Tea &amp; Talk</b> <b>1:30pm Center closing early</b>	<b>10</b> <b>10:30a- Jason from            Chambersburg Skilled            Nursing- Activity</b>  <b>12:45p- Paint in Afternoon            with Elaine - Sunflower            (Must sign up \$3)</b>
<b>13</b> 12:45-2p Basic to Advanced Art Class <b>2:00p- Center closing early</b>	<b>14</b> 9:30-4p Pinochle 12:30-4p Card Club 500 <b>1:00p Bingocize- Fall            Prevention Program            (Sign up with Beth by 4/10)</b>	<b>15</b> 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) 12:30-3p Knitting Crew <b>12:30 Hymn Sing with Ann</b>	<b>16</b> 10:30-11:30a-Group Study 1:00p- Study to be Inspired- "Jonah" 1:30-2:30p-Ladies Tea & Talk	<b>17</b> 11am-Town Hall Meeting 12:30p Games- Wii Bowling, Connect 4, RummiKub, etc.
<b>20</b> 12:45-3p Basic to Advanced Art Class <b>1:00p Bingocize- Fall            Prevention Program (Sign            up with Beth by 4/10/26)</b>	<b>21</b> 9:30-1p Pinochle <b>No Card Club 500</b> <b>1p Center closing for            Volunteer Celebration</b>	<b>22</b> 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) <b>12:45p-3p Movie &amp; Popcorn            Peter Rabbit (2018)</b> <b>Live Action/animated comedy</b>	<b>23</b> 10:30-11:30a-Group Study 1:00p- Study to be Inspired- "Jonah" 1:30-2:30p-Ladies Tea & Talk	<b>24</b> <b>10a-Inspiration Station-            Author Visit- Bob Jones will            speak about how he started            writing his books. We will            talk about you writing your            own life story.</b>  Birthday Celebration at Lunch

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<p><b>27</b> 12:45-3p Basic to Advanced Art Class</p>	<p><b>28</b> 9:30-4p Pinochle 12:30-4p Card Club 500  <b>1:00p Bingocize- Fall Prevention Program (Sign up with Beth by 4/10/26)</b></p>	<p><b>29</b> 10:30-11:30a-BINGO (\$1.25 donation for 2 cards)</p>	<p><b>30</b> 10:30-11:30a-Group Study 1:00p- Study to be Inspired- "Jonah" 1:30-2:30p-Ladies Tea &amp; Talk</p>	
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**Exercise Schedule:**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<p>10a-Strong Seniors Exercise Group—Beginner Level  10:45a-Energize Exercise—Low Level</p>	<p>9:30a-Simply Seated Exercise—Moderate Level  10:15a-Walk Fit Exercise Group-Advanced Level</p>	<p>10a-Strong Seniors Exercise Group—Beginner Level</p>	<p>9:30a-Chair Yoga—Beginner Level  1p-Tai Chi—Low Impact</p>	<p>9:30a-Simply Seated Exercise—Moderate Level  10:15a-Walk Fit Exercise Group—Advanced Level</p>

**Second Saturday – April 11, 2026**

10:00am- Coffee & Caregiver Support Group

10:30a- Karaoke with Ann

12:00pm - Open-faced turkey sandwich, gravy, mashed potatoes, green beans, dessert. A suggested donation of \$5.  
 (RSVP by 4/8/26)

12:30pm- Bingo- Spring Theme (Bring a prize or donate)