

Mont Alto Senior Activity Center (717) 749-7294
April 2026 Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Please call by 1:30 the day before you plan to attend for lunch Deadline to sign up for Gettysburg Railway outing (Driver yourself or car pool)</p>	<p>Come in before lunch and enjoy snacks, coffee, tea and great company</p>	<p>1 9:30 Boardgames 11:00 Group Study 12:45 Caption Call Presentation 1:30 Penn Needlework Deadline to sign up for Gettysburg Railway (Drive or carpool)</p>	<p>2 9:30 Board games 11:00 Sit & Get Fit (in person or virtual) 3:00-4:00 Senior Swim Waynesboro YMCA \$</p>	<p>3 Center Closed! Good Friday</p>
<p>6 9:30 Boardgames 11:00 Chair Yoga Center Closing at 1:00 for Health & Wellness Workshop</p>	<p>7 9:30 Boardgames 11:00 Sit & Get Fit (in person or Virtual)</p>	<p>8 9:30 Board Games 11:00 Group Study 12:45 Groovin' W/ June</p>	<p>9 9:30 Boardgames 11:00 Sit & Get Fit (in person or Virtual) 3:00-4:00 Senior Swim Waynesboro YMCA \$</p>	<p>10 9:30 Board Games 3:00 Gettysburg Railway outing \$</p>
<p>13 9:30 Rummikub & Games 11:00 Chair Yoga Center Closing at 1:00 for Health & Wellness Workshop</p>	<p>14 9:30 Rummikub Games 11:00 Sit & Get Fit (in person or Virtual)</p>	<p>15 9:30 Rummikub 11:00 Group Study 1:30 Penn Needlework 1:00 Astronomy Talk w/ Penn State, Assoc. Professor of Physics and Astronomy</p>	<p>16 9:30 Rummikub & Games 11:00 Sit & Get Fit (in person or Virtual) 3:00-4:00 Senior Swim Waynesboro YMCA \$</p>	<p>17 9:30 Board Games 1:45 Bowling – Sunshine Lanes- \$8.00 includes shoes and 2 games</p>

Mont Alto Senior Activity Center (717) 749-7294
April 2026 Activities

<p>20 9:30 Rummikub & Games</p> <p>11:00 Chair Yoga</p> <p>Center Closing at 1:00 for Health & Wellness Workshop</p>	<p>21 9:30 Rummikub & Games</p> <p>11:00 Sit & Get Fit (in person or Virtual)</p> <p>Center Closing at 1p for Volunteer Celebration</p>	<p>22 9:30 Rummikub & Games</p> <p>11:00 Group Study</p> <p>12:45 Groovin' W/ June Birthdays!</p>	<p>23 9:30 Rummikub & Games</p> <p>11:00 Sit & Get Fit</p> <p>1:00 Painting Class\$</p> <p>3:00-4:00 Senior Swim Waynesboro YMCA \$</p>	<p>24 9:30 Board Games</p>
<p>27 9:30 Boardgames</p> <p>11:00 Chair Yoga</p> <p>Center Closing at 1:00 for Health & Wellness Workshop</p>	<p>28 9:30 Boardgames</p> <p>11:00 Sit & Get Fit (in person or Virtual)</p>	<p>9:30 Boardgames</p> <p>11:00 Group Study</p>	<p>30 9:30 Boardgames</p> <p>11:00 Sit & Get Fit (in person or Virtual)</p> <p>3-4 Senior Swim Waynesboro YMCA \$</p>	<p>Treadmill available for use Laptops and Wi-Fi Available</p>