

Chambersburg Senior Activity Center (717) 264-8191

June 2026

Please call 24 hours in advance for meals

Activity Classes are **RED**

Exercise classes are **BLUE**

Health & Wellness are **PURPLE**

Activities Subject to Change

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>9am Fit & Feisty Exercise</p> <p>9:30am Paint Class w/ Elaine Must Sign Up</p> <p>1:30pm Walking Tai Chi</p>	<p>2</p> <p>12:30pm Pinochle</p>	<p>3</p> <p>9am Fit & Feisty Exercise</p> <p>10:30am Clothes Pin the Number</p> <p>12:30pm Mah Jong 12:30pm Hand & Foot</p>	<p>4</p> <p>10:30am Study Group</p> <p>12:30pm Pinochle 12:30pm 500 Card Club</p>	<p>5</p> <p>9am Fit & Feisty Exercise</p>
<p>8</p> <p>9am Fit & Feisty Exercise</p> <p>Craft Day</p> <p>1:30pm Walking Tai Chi</p>	<p>9</p> <p>11am Blood Pressure Checks by Judy</p> <p>12:30pm Pinochle</p>	<p>10</p> <p>9am Fit & Feisty Exercise</p> <p>10am BINGO bring something green as a prize donation</p> <p>12:30pm Mah Jong 12:30pm Hand & Foot</p>	<p>11</p> <p>10:30am Karaoke/Sing Along</p> <p>12:30pm Pinochle 12:30pm 500 Card Club</p>	<p>12</p> <p>9am Fit & Feisty Exercise</p>
<p>15</p> <p>9am Fit & Feisty Exercise</p> <p>1:30pm Chair Yoga</p>	<p>16</p> <p>Nursing Students visiting with activities</p> <p>12:30pm Pinochle</p>	<p>17</p> <p>9am Fit & Feisty Exercise</p> <p>10:30am BINGO w/ Jason</p> <p>12:30pm Mah Jong 12:30pm Hand & Foot</p>	<p>18</p> <p>10am BINGO w/ Gina</p> <p>12:30pm Pinochle 12:30pm 500 Card Club</p>	<p>19</p> <p>9am Fit & Feisty Exercise</p> <p>10:30am BINGO w/ Mackenzie</p>

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<p>22</p> <p>9am Fit & Feisty Exercise</p>	<p>23</p> <p>10:30am Study Group</p> <p>12:30pm Pinochle</p>	<p>24</p> <p>9am Fit & Feisty Exercise</p> <p>12:30pm Mah Jong</p> <p>12:30pm Hand & Foot</p>	<p>25</p> <p>9am Movie Day</p> <p>12:30pm Pinochle</p> <p>12:30pm 500 Card Club</p>	<p>26</p> <p>9am Fit & Feisty Exercise</p> <p>10am BINGO bring a picnic item as a prize donation</p>
<p>29</p> <p>9am Fit & Feisty Exercise</p> <p>10:30am Name That Tune</p> <p>June Birthday Celebration</p>	<p>30</p> <p>12:30pm Pinochle</p>	<p style="background-color: #f4a460;"> </p>	<p style="background-color: #f4a460;"> </p>	<p style="background-color: #f4a460;"> </p>