

**Greencastle SAC (717) 597-2020
June 2026**

Activity Classes are **RED**
Exercise classes are **BLUE**
Health & Wellness are **PURPLE**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|---|
| <p>1</p> <p>11:00a Bookmobile</p> <p>12:45-3p Basic to Advanced Art Class</p> | <p>2 9:30-1130a Fruit & Veggie Voucher Distribution- Bring ID</p> <p>11a- Keystone Health- Topic is Arthritis</p> <p>9:30-4p Pinochle</p> <p>12:30-4p Card Club 500</p> <p>1:00p Bingocize- Fall Prevention Program</p> | <p>3</p> <p>10:30-11:30a-BINGO (\$1.25 donation for 2 cards)</p> <p>12:30-2p Knitting Crew</p> | <p>4</p> <p>10:30-11:30a-Group Study</p> <p>1:00p- Study to be Inspired- "Gideon"</p> <p>1:30-2:30p-Ladies Tea & Talk</p> | <p>5</p> <p>11a- Town Hall Meeting</p> <p>12:45p- Paint in the Afternoon with Elaine- Sea Turtles on Beach-\$3</p> |
| <p>8</p> <p>12:45-3p Basic to Advanced Art Class</p> | <p>9</p> <p>9:30-4p Pinochle</p> <p>12:30-4p Card Club 500</p> <p>1:00p Bingocize- Fall Prevention Program</p> | <p>10</p> <p>10:30-11:30a-BINGO (\$1.25 donation for 2 cards)</p> <p>12:45p-3p Movie & Popcorn Night at the Museum</p> | <p>11</p> <p>10:30-11:30a-Group Study</p> <p>1:00p- Study to be Inspired- "Gideon"</p> <p>1:30-2:30p-Ladies Tea & Talk</p> | <p>12</p> <p>10:30a- Jason from Chambersburg Skilled Nursing & Rehab Center- has an exciting activity for you</p> |
| <p>15 10:30a- Hand and Foot Card Game</p> <p>12:45-2p Basic to Advanced Art Class</p> <p>Center closes at 2pm</p> | <p>16</p> <p>9:30-4p Pinochle</p> <p>12:30-4p Card Club 500</p> <p>1:00p Bingocize- Fall Prevention Program</p> | <p>17</p> <p>10:30-11:30a-BINGO (\$1.25 donation for 2 cards)</p> <p>12:30-2p Knitting Crew</p> | <p>18 10:30-11:30a- Group Study</p> <p>1:00p- Study to be Inspired-"Gideon"</p> <p>1:30-2:30p-Ladies Tea & Talk</p> | <p>19</p> |

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| | | | | |
|---|--|---|---|---|
| 22 12:45-3p Basic to Advanced Art Class | 23 9:30-4p Pinochle 12:30-4p Card Club 500 | 24 10:30-11:30a-BINGO (\$1.25 donation for 2 cards) 12:45p-3p Movie & Popcorn Jumanji | 25 10:30-11:30a-Group Study 1:00p- Study to be Inspired-“Gideon” 1:30-2:30p-Ladies Tea & Talk | 26 Pizza Party for Lunch \$5.00 white box donation – sign up in computer Birthday Celebration at Lunch |
| 29 12:45-2p Basic to Advanced Art Class Center closes are 2pm | 30 9:30-4p Pinochle 12:30-4p Card Club 500 Center closes are 2pm | | | |

Exercise Schedule:

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|---|
| 10a-Strong Seniors Exercise Group— Beginner Level 10:45a-Energize Exercise—Low Level | 9:30a-Simply Seated Exercise—Moderate Level 10:15a-Walk Fit Exercise Group-Advanced Level | 10a-Strong Seniors Exercise Group— Beginner Level | 9:30a-Chair Yoga— Beginner Level 1p-Tai Chi—Low Impact | 9:30a-Simply Seated Exercise—Moderate Level 10:15a-Walk Fit Exercise Group—Advanced Level |

Second Saturday – June 13, 2026

10:30am Peggy Ann Bradnick Jackson- presentation on Mental Health and her kidnapping

12:00 Lunch – Sloopy Joe, Creamy Mac and Cheese, Veggies and dip, dessert and drink for a donation

1:00pm Social Hour and Games