

St. Thomas Senior Activity Center (717) 369-2520
September 2026

Activity Classes are **RED**
Exercise classes are **BLUE**
Health & Wellness are **PURPLE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Closed	1 Exercise led by DVD 10:00	2 Traders Bingo 1pm (bring something to trade)	3 Joey Capital Blue Cross 12:30 pm	4 Closed
7 Labor Day Closed	8 10:00 Book Club	9 Vaccine Clinic 10-11 am	10 Jason/ Chambersburg Rehab 2:30 pm	11 Closed
14 Closed	15 Exercise led by DVD 10:00	16	17 BIRTHDAY Celebration After lunch	18 OFF-SITE EVENT PCN TOUR SENIOR CENTER PICNIC FOR NATIONAL SENIOR CENTER MONTH CENTER CLOSED
21 Closed	22 Paint Class with Elaine begins at 10:00 \$3.00 per person	23 Card Games	24 Special Music Day 10:45-11:45 Bookmobile 10:00-10:50	25 Closed
28	29 National Coffee Day	30 Root Beer Floats After lunch		