November

Franklin

Monday	Tuesday	Wednesday	Thursday	Friday
2 3oz Baked Meatloaf w/ 2oz Caramelized Onion Gravy 1/2c Garlic Mashed Potatoes 1/2c Seasoned Green Peas Wheat Bread 1 Orange	**3** Crispy Pollock Filet 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes Fresh Orange 1 Hamburger Bun Tartar Sauce	**4** BBQ Pork Rib Sandwich 1/2c Steamed Seasoned Cauliflower 1/2c Coleslaw 1/2c spiced apples Hamburger Bun	**5** Parmesan Garlic Chicken Salad (1c Lettuce, 2oz Chicken, 1 HB Egg 1oz Cheese, 2oz Tomato) 4oz Orange Juice Dinner Roll 1 Cookie NEW ITEM	**6** 1c Homemade Chili w/ Cheese 1 Baked Potato 1c Garden Tossed Salad Garlic Herbed Breadstick 1 Dressing Packet
9 Sweet Italian Sausage Sandwich 1/2c Onions & Peppers Medley 1/2c Buttered Carrots 1/2c Mixed Fruit Medley Hot Dog Bun NEW ITEM	**10** Crispy Dill chicken sandwich 1/2c golden roasted potatoes 1/2c winter blend vegetables hamburger bun	**11** **Happy Veterans Day!** **CLOSED** 	**12** Southwest Taco Salad (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips (8pc) 1/2c Seasoned Sweet Corn 1/2c Mandarin Oranges	**13** Grilled Chicken Supreme w/ w/ 2oz Gravy 1/2c Herbed Rice Pilaf 1/2c Green Beans Almondine 1 Orange 1 Cookie NEW ITEM
16 Tomato Stuffed Cabbage Casserole 1/2c Garlic Mashed Potatoes 1/2c Seasoned Broccoli Dinner Roll Fresh Fruit (Apple)	**17** Crispy Chicken Cutlet w/ 2oz Pan Gravy 1/2c Buttered Parsley Pasta 1/2c Brussel Sprouts 1/2c Mixed Fruit	**18** 1pc Breakfast Omelet 1/2c Herbed Breakfast Potatoes Mandarin orange Buttery Biscuit	**19** **Thanksgiving Special** 3oz Roast Turkey w/ 2oz Gravy 2oz Bread Stuffing 1/2c Whipped Potatoes w/Chives 1/2c Corn Dinner Roll Pumpkin Custard	**20** 6oz Winter Beef Stew 1/2c Cheesy Rice 1/2c Honey Glazed Carrots 1 Orange
23 Classic Cheeseburger 1/2c Golden Roasted Potatoes 1/2c Steamed Seasoned Cauliflower Hamburger Bun Fresh Fruit (Banana)	**24** 3 oz Braised Beef Pot Roast 2 fl oz Pan Gravy 1/2c Cheesy Mashed Potatoes 1/2c Vegetable Medley 1 Wheat Bread Fresh Fruit (Orange)	**25** 6 oz Cheddar Egg Scramble 1/2c Homestyle O'Brien Potatoes Buttery Biscuit Orange Juice NEW ITEM	**26** **Happy Thanksgiving!** 	**27** **CLOSED**
30 3 oz Ham with BBQ Glaze 1/2c Seasoned Green Peas 1/2c Warm Spiced Apples 1/2c Homestyle Coleslaw Hamburger Bun			***Practicing gratitude has been linked to better sleep and lower stress. So remember what you're thankful for this Thanksgiving!***	