Tuscarora Senior Activity Center (717) 328-4744
NOVEMBER 2026

Activity Classes are RED
Exercise classes are BLUE
Health & Wellness are PURPLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 11AM CHAIR YOGA W/GARY	3 **TSAC CLOSED FOR ELECTIONS**	4 10-11AM BOOKMOBILE 12:30PM CRAFTY CORNER	5 11AM CHAIR YOGA W/GARY 12:30-2PM PULL OUT THE TREES AND DECORATIONS (HELP WOULD BE APPRECIATED)	6 11AM CHAIR YOGA W/GARY
9 11AM CHAIR YOGA W/GARY	10 10AM ACTIVITY TEAM MEETING: DECEMBER OPEN HOUSE AND BANQUET PLANNING 12PM VETERANS APPRECIATION POTLUCK (SIGN-UP IS REQUIRED) HAND AND FOOT CLUB FOLLOWING LUNCH	11 **ALL COUNTY OFFICES AND SENIOR CENTERS CLOSED IN OBSERVANCE OF VETERANS DAY**	12 11AM CHAIR YOGA W/GARY 1PM ANYTHING GOES BINGO: BRING A PRIZE FOR THE 12TABLE	13 11AM CHAIR YOGA W/GARY HOT CHOCOLATE BAR
16 11AM CHAIR YOGA W/GARY	17 HAND AND FOOT CLUB FOLLOWING LUNCH	18 10-11AM BOOKMOBILE 11AM CHAIR YOGA W/GARY	19 PCN THANKSGIVING MEAL	20 11AM CHAIR YOGA W/GARY BIRTHDAY CELEBRATION

Tuscarora Senior Activity Center (717) 328-4744
NOVEMBER 2026

Activity Classes are RED
Exercise classes are BLUE
Health & Wellness are PURPLE

		12:30PM CRAFTY CORNER	1PM COZY DAY BINGO: BRING A PRIZE THAT HELPS MAKE A CHILLY DAY A LITTLE COZIER	IMMEDIATELY AFTER LUNCH
23 11AM CHAIR YOGA W/GARY	24 11AM CHAIR YOGA W/GARY HAND AND FOOT CLUB FOLLOWING LUNCH LUNCH AT 11:30AM CLOSING AT 1PM	25 10-11AM BOOKMOBILE 11AM CHAIR YOGA W/GARY 12PM PIZZA PARTY (SIGN-UP REQUIRED) 1PM PAINT WORKSHOP W/ELAINE F (SIGN-UP BY 11/18)	26 **ALL COUNTY OFFICES AND SENIOR CENTERS CLOSED FOR THANKSGIVING**	27 **ALL COUNTY OFFICES AND SENIOR CENTERS CLOSED FOR THANKSGIVING**
30 1AM CHAIR YOGA W/GARY 1PM LEFT, RIGHT & CENTER GAME			ALWAYS AVAILABLE: COMPUTERS W/ACCESS TO PRINTER, GYM, POOL TABLES, LENDING LIBRARY, MAGNIFIER MACHINE ACTIVITIES SUBJECT TO CHANGE	

Tuscarora Senior Activity Center (717) 328-4744
NOVEMBER 2026

Activity Classes are RED
Exercise classes are BLUE
Health & Wellness are PURPLE